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## **Antihistamines to be Stopped for Allergy Testing**

### **Instructions: Stop the following 5 days before testing**

Actagen	Deconamine	Promethazine
Actifed	Dimenhydrinate	Rondec
Acrivastine	Dimetane	Rynatan
Allegra (any)	Dimetapp	Ryna-12
Allerclear	Dipenydramine	Rynatuss
Allerfrin	Doxepin	Semprex-D
Alertec/Aller-Tec	Dramamine	Tanafed
Aller-Fex	Drixoral	Tavist
Antivert	Duravent-DA	Triaminic
Atarax	Fexofenadine	Triaminicol
Benadryl	Histavent-LA	Trinalin
Bromphed	Histex	Triprolidine
Brompheniramine	Hydroxyzine	Tussi-12
Cetirizine	Meclizine	Tussionex
Chlorpheniramine	Ominihist-LA	Vistaril
Chlor-trimeton	Ornade	Wal-Fex
Clarinex (any)	Pedicare	Wal-Tin
Claritin (any)	Periactin	Wal-Zyr
Clemastine	Phenergan	Xyzal
Cyproheptadine	Poly-histine	Zyrtec

### **Nasal Sprays**

Astelin  
Astepro  
Azelastine  
Patanase

### **Eye Drops**

Pataday  
Patanol  
Olopatadine  
Optivar  
Zaditor

Also stop any medication that has the words SINUS, ALLERGY OR "HIST"

Please be advised that many over the counter medications have antihistamines in them (i.e. sinus, headache, sleep or cough medicines). These medications will need to be stopped 5 days prior to the testing as well. If you are not sure if the medication you are taking contains an antihistamine, please call our office for advice.

**DO NOT** stop any other medications especially for the heart, liver, lung or other conditions. If for some reason you cannot stop the allergy medication do not worry. We will see you for the consultation and then can reschedule for the testing another time.