Antihistamines to be Stopped for Allergy Testing

Instructions: Stop the following 5 days before testing

- Actagen
- Actifed
- Acrivastine
- Allegra (any)
- Allerclear
- Allerfrin
- Alertec/Aller-Tec
- Aller-Fex
- Antivert
- Atarax
- Benadryl
- Bromphed
- Brompheniramine
- Cetirizine
- Chlorpheniramine
- Chlor-trimeton
- Clarinex (any)
- Claritin (any)
- Clemastine
- Cyproheptadine
- Deconamine
- Dimenhydrinate
- Dimetane
- Dimetapp
- Diphenydramine
- Doxepin
- Dramamine
- Drixoral
- Duravent-DA
- Fexofenadine
- Histavent-DA
- Histex
- Hydroxyzine
- Meclizine
- Ominihist-LA
- Ornade
- Pedicare
- Periactin
- Phenergan
- Poly-histine
- Promethazine
- Rondec
- Rynatan
- Ryna-12
- Rynatuss
- Semprex-D
- Tanaled
- Tavist
- Triaminic
- Triaminicol
- Trinalin
- Triprolidine
- Tussi-12
- Tussionex
- Vistaril
- Wal-Fex
- Wal-Tin
- Wal-Zyr
- Xyzal
- Zyrtec

Nasal Sprays
- Astelin
- Astepro
- Azelastine
- Patanase

Eye Drops
- Pataday
- Patanol
- Olopatadine
- Optivar
- Zaditor

Other
- Benzodiazepines
- Lunesta
- Trazodone
- Xanax

*Contact your prescribing physician prior to discontinuing the medications listed under ‘Other’.

Also stop any medication that has the words SINUS, ALLERGY OR “HIST”

Please be advised that many over the counter medications have antihistamines in them (i.e. sinus, headache, sleep or cough medicines). These medications will need to be stopped 5 days prior to the testing as well. If you are not sure if the medication you are taking contains an antihistamine, please call our office for advice.

DO NOT stop any other medications especially for the heart, liver, lung or other conditions. If for some reason you cannot stop the allergy medication do not worry. We will see you for the consultation and then can reschedule for the testing another time.